



Support for active military, veterans and their families

The Military Resources team of clinicians are experienced and trained to provide individualized support and resources for active duty military, reserves, veterans and their household members.

Your program provides consultation, referrals, educational information and access to online tools on matters such as:

- ☑ Deployment planning and transition into life outside of the military
- ☑ Post-deployment reintegration support and career transition guidance to reenter the workforce and enhance skills (i.e., computer classes, communication workshops)
- ☑ Community-based support resources (i.e. financial hardship resources, support groups, volunteer programs)
- ☑ Assistance with housing and moving

In addition, you can benefit from the variety of resources available for handling work stress, improving relationships, parenting, education, substance misuse and more.

Go online to access resources

Your program website also includes a Military Resources tile that explains the services available to you and links to the National Resource Directory. The Directory connects wounded warriors, Service Members, Veterans, their families and caregivers to programs and services that support them.

Get started today

Call your program's toll-free number or visit your program website.



Employee Assistance Program
1-800-327-0632