



Locating Dental Network Providers

At Principal Life, we try to make life simpler for our customers. Use our Provider Directory on www.principal.com to locate nearby dentists or see if one you know participates in your network.

To access this great tool, follow the steps below.

1	Visit our Web site at: www.principal.com
2	Under the Quick Links heading on the left-hand side, click Provider Directory .
3	In the left-hand navigation under Providers/Networks , click Search For A Dental Provider .
4	Begin your search by picking the state where you would like to find a provider. After you select a state, specify a network (refer to your ID card). Depending on the network chosen, you may be transferred to a partner site.
5	Next enter the name of the provider you are looking for (if known). If you are looking for a nearby dentist, enter the city and state and/or ZIP code . Be sure to indicate how far you are willing to travel .
6	Select the desired specialty or use the No Specialty Preference default. Click Continue .



WE'LL GIVE YOU AN EDGE®

Principal Life Insurance Company, Des Moines, Iowa 50392-0002, www.principal.com

This flier is for your general information only and is not intended as a complete explanation of your coverage. See your benefit booklet for coverage details. Provider networks are constantly changing. It is your responsibility to verify your provider's network membership at each appointment.

Insurance underwritten by and administrative services provided by Principal Life Insurance Company, a member of the Principal Financial Group®.

I HAVE A DENTIST

Is he/she in our network?

Yes No I don't know

STEP 1 Verify he/she is in the network.

STEP 2 If not, ask him/her to join the network.

STEP 3 Find a new dentist if he/she does not join so you can save on dental care costs.

I DO NOT HAVE A DENTIST

STEP 1 Find a dentist using the Provider Directory on www.principal.com.



MY DENTIST

Write down your dentist's name and contact info for future reference:

Dentist Name:

Dentist Phone:

Access the Provider Directory on
www.principal.com