

Focusing on our mental health and wellness during the COVID-19 pandemic

Join us on Twitter for the launch event in our Magellan Healthcare #bhXPRT Twitter chat series. We're excited to have Dr. Varun Choudhary joining as our special guest.

Date/time: Thursday, April 9, 3:00 – 3:30 p.m. Eastern

Where: Twitter (see "How to participate," below)

Special guest:



Dr. Varun Choudhary
Chief Medical Officer,
Behavioral Health
Magellan Healthcare

How to participate:

1. Log in to your Twitter account on Thursday, April 9 at 3:00 p.m. Eastern and search for the hashtag #bhXPRT in the Twitter search bar. Click on the "Latest" tab to follow along. Scroll up and down occasionally to refresh the feed.
2. Post a tweet to introduce yourself (first names only) and post tweets throughout the Twitter chat to provide insights on the questions we ask. Use the hashtag #bhXPRT in all of your tweets to ensure they show up in the feed. We'll introduce new questions with Q1, Q2... At the beginning of your answers, please put "A" followed by the question number, e.g. A1, A2, etc.

About the Magellan Healthcare #bhXPRT Twitter chat series:

The Magellan Healthcare #bhXPRT Twitter chat series provides a forum for industry thought leaders and anyone interested in behavioral health to discuss current topics and share knowledge to raise awareness, advance progress and reduce stigma. It takes place on the second Thursday of each month at 3:00 p.m. Eastern and lasts a half an hour.

Website for more information (including the discussion questions):

<https://www.magellanhealthcare.com/about/mhc-bhxpert-tc/upcoming-bhxpert-tc/>

Mark your calendar!