

FAQs - Pre-Designated Physician Form

1. Do I have to fill this out?

No – this is purely voluntary

2. What happens if I don't fill it out?

If you do not fill out the pre-designation form and are injured on the job, you will be treated by one of the physicians the County is contracted with to provide occupational medicine services. Currently we contract with Kaiser, Mercy Medical Group and Sutter Occupational Clinics

3. I am a Kaiser member. Can I simply designate "Kaiser"?

Since Kaiser is one of our contracted occupational medicine providers, you can be seen by the occupational medicine department at specific Kaiser locations (Morse, South Sac, and Folsom).

4. My primary care physician does not treat workers' comp patients. What do I do?

The only physician who can be legally designated is the physician previously designated as your primary care physician through your group medical coverage. If your personal physician does not treat workers' comp patients, then you default to one of our occupational medical providers.

5. Can I pre-designate a chiropractor or acupuncturist?

You may pre-designate a chiropractor or acupuncturist by completing form WC P-D 1 which can be obtained on-line on the Department of Personnel Services (DPS) forms page. You will be required to be seen at one of the County designated clinics first, and then may request that your treatment be transferred to your designated chiropractor or acupuncturist.

6. I just changed medical groups or physicians and have not even seen my new doctor yet. Can I still pre-designate him/her?

Yes – you should have your new physician sign the form.

7. Will a faxed copy suffice?

Yes – once your doctor signs the form he/she can fax it to you and we will accept that in our office.

8. What if I forget which doctor I designate?

The Workers Comp Office will have all information in a confidential database, and will also have the physical forms on file.

9. What if I change physicians next year?

The form is available on-line on the DPS website. Simply have your new physician sign the form, send it to us, and we will update our database with your information.

10. What if there is an emergency situation and my physician can't see me?

If the injury is life-threatening, a phone call should be made to 911. If the injury needs to be treated immediately, but does not rise to the level of a 911 call, or is after hours, you can be treated at the emergency room.. If the injury is not life-threatening, and does not need imminent treatment then you can seek treatment at one of our occupational medicine providers – Kaiser, Mercy Medical Group or Sutter.