



Division of Behavioral Health Mobile Crisis Support Team

Seeking licensed mental health clinicians to join our exciting Mobile Crisis Support Team (MCST) program to provide crisis intervention services and supports in partnership with law enforcement to individuals who are experiencing a mental health crisis in the community.

Hours of Operation: Monday – Thursday or Tuesday – Friday, 8:30am – 7:00pm

Location: MCST clinicians are paired with law enforcement agencies throughout the County.

Salary: Base: \$81,682.56 - \$90,055.44 + 5% License Differential + 5% MCST Differential

To help maintain safety and prevent unnecessary incarcerations or hospitalizations, MCST clinicians:

- ❖ Respond in partnership with law enforcement in a ride-a-long model to mitigate risks in the community by providing crisis intervention for individuals experiencing a mental health crisis.
- ❖ Build upon individual, family and community strengths and skills.
- ❖ Access resources and services within the community to support safety planning.
- ❖ Mobilize authorized County Behavioral Health service providers to support de-escalation and ongoing care.
- ❖ Educate key individuals, family members or natural supports on how to improve health and wellness.
- ❖ Submit referrals to Peer support services for follow-up system navigation to ongoing care.

Success Story:

The Mobile Crisis Support Team (MCST) responded to a possible 5150 call from 911 dispatch. The caller reported her brother had a gun, was threatening suicide, and expressed concern he might engage in a possible physical altercation with law enforcement if approached. The MCST mental health clinician coordinated with law enforcement deputies to develop a plan for the MCST clinician to contact the individual via phone first to engage and assess. The MCST clinician was able to speak with the individual in distress to build rapport and assess for risk to self and others. An agreement from the individual was able to be made to allow the MCST clinician and deputy to safely respond to the home. Further assessment and safety planning resulted in increased stabilization that included releasing weapons to law enforcement and contacting his psychiatrist for a follow-up appointment to address his medication and mental health needs. The MCST clinician also provided support to family members impacted, such as utilizing an alternative place to stay for the evening as part of the safety plan and providing resource options for ongoing mental health support for the daughter. Follow-up Peer support services were later provided to ensure mental health services were in place to prevent relapse into crisis.

If interested in this exciting opportunity and would like to be considered for an interview, please submit an application for the position of Senior Mental Health Counselor with Sacramento County Behavioral Health Services at this link: [Sr. Mental Health Counselor](#).

If you have any questions about the MCST program, please feel free to contact the MCST Mental Health Program Coordinator, Jennifer Reiman.

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